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What is claimed is:

1. A coupler for coupling light in an optical system, the coupler comprising:

- a plurality of discrete layers of alternating optical materials having respective
- first and second indexes of refraction for coupling light of a given
- 4 wavelength, the thickness of each layer being a fraction of the light
- 5 wavelength.
- 2. A coupler according to claim 1, in which the fraction is about 1/10.
- 3. A coupler according to claim 1, in which the materials are silicon and silicon
- 2 nitride.
- 4. A coupler according to claim 1, in which the materials are silicon and silicon
- 4 rich nitride.
- 5. A method for coupling light in an optical system comprising:
- 2 providing a plurality of discrete layers of alternating optical materials having
- respective first and second indexes of refraction for coupling light of a
- given wavelength, the thickness of each layer being a fraction of the
- 5 light wavelength.
- 6. A method according to claim 5, in which the fraction is about 1/10.
- 7. A method according to claim 5, in which the materials are silicon and silicon
- 2 nitride.
- 8. A method according to claim 5, in which the materials are silicon and silicon
- 2 rich nitride.